

LA REVUE

The Official Student Newsletter for Tulane University School of Public Health and Tropical Medicine Department of Health Policy and Management. By Students, For Everyone!

Women's History Month



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Jane T. Bertrand,
PhD, MBA

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DESIGN OUR LOGO, WIN BIG!

Calling all artists! We are looking for someone to design a logo for our newsletter. Put your talents to the test and design a logo for "La Revue." Winner will receive \$75 worth of merch from the SPHTM store. Please EMAIL all designs to hpm@tulane.edu by April 1



THE HISTORY OF WOMEN'S HISTORY MONTH

By: Kaiya Braham

March marks the celebration of Women's History Month and has been observed in the United States since 1987. Originally the festivities only lasted for a week and highlighted Women's contributions to culture, history, and society. The initial celebration occurred in the school district of Sonoma, California. Since then, it has grown across the country and in 1980 President Jimmy Carter issued a proclamation declaring that the week of March 8th was National Women's History Week. 6 years later, the National Women's History Project petitioned the Congress to make the celebration last for the entire month of March.

Women's History Month also includes International Women's Day on March 8th and has been celebrated since 1911. The United Nations has also sponsored International Women's' Day since 1975 which recognizes that securing peace and social progress as well as "the full enjoyment of human rights and

fundamental freedoms of women; and acknowledge the contribution of women to the strengthening of international peace and security," (2021) is fundamental.

While we use the month of March to highlight the contributions made by women to the world, we should also take the time to educate ourselves and help impact the progression of women achieving equity and equality. As women continue to break glass ceilings, they are still faced with many challenges and barriers that make shattering these ceilings difficult if not impossible. Throughout history, women have often been left out of textbooks. This is changing, and today as well as in the future anyone can fill these pioneering spaces that history has not allowed them in.

To celebrate Women's History Month, keep in mind a few things:

Educate yourself on women's issues like the gender pay gap, pink tax, child care, equitable workplaces, and more.

Highlight and acknowledge the women in your life that simply bring joy into this world by being themselves.

Learn about the accomplishments of women around the world from all backgrounds who have pioneered change.



FACULTY SPOTLIGHT

By: Emma Bassin

Jane T. Bertrand, PhD, MBA

Professor, Neal A. and Mary Vanselow

Endowed Chair

Profile: <https://sph.tulane.edu/hpm/jane-bertrand>

Have you picked up any new hobbies over the last year while working from home?

Since the death of our beloved yellow lab Duke in 2015, we had wanted to get a dog, but with so much work-related international travel, it seemed impractical. However, when COVID effectively grounded us for an indefinite period, we welcomed Roux – a 3-year old red fox labrador – into our home. Since then, I bookend my hours in front of the computer every day with a morning and late afternoon walk around Audubon Park. For dog lovers, I highly recommend the book *Inside of a Dog*, by Alexandra Horowitz.



Tell us a bit about your research focus. What drew you to it? How did you get involved with it?

I became interested in international family planning in response to the “population explosion” in the 1970s. Since then, family planning has become less demographic, and more focused on the well-being of women. Whereas many countries have achieved impressive results in terms of the percent of women who use contraception, there is much left to be done, especially in sub-Saharan Africa.

In the summer after graduation from college, I was waitressing to earn money for my first experience living overseas (in Colombia). To escape the monotony of the job, I got an internship through my parents’ friend who ran the local family planning clinic in Bangor, Maine. Although I was a child of the 1960s, I hadn’t been particularly oriented to politics. However, as I learned more about the importance of women being able to control their own fertility, this “cause” became my career.

Some people ask, “are you STILL working in family planning?” My stock response: it never gets boring.

Describe your ideal springtime weekend in NOLA.

If you’re not a Louisiana resident, don’t graduate without taking a swamp tour.

What are you most looking forward to once we return to non-COVID times?

More of the outdoors! Spending time at our camp in Maine, I’m also prepping to climb a mountain in Montana in August that I have no business attempting.

INFLUENTIAL HISTORIC WOMEN IN PUBLIC HEALTH

By: Shelby Olin

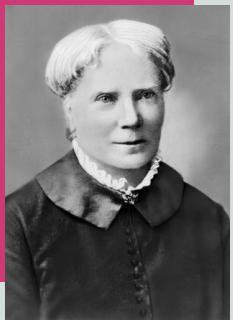
Women's history month is used as a reminder to recognize women and celebrate the progress that we have made towards equality. However, it is equally important to recognize and understand the work that still needs to be done to achieve equality. Throughout history, women have paved the path and been key components for the advancement of health and medicine. This includes women throughout history who identify as doctors, nurses, public health experts, and activists. Below are only a few examples of women who have treated patients when others would not, persevered through discrimination, racism, and sexism, and improved access to health care within their communities.



Dr. Rebecca Lee Crumpler (1831-1895): Dr. Crumpler was the first Black woman to receive a medical degree in the US. She fought and spoke out about the inequalities against women and African Americans in medicine. Throughout her career she provided care for people that were formerly enslaved, and who would not receive medical care otherwise. Her work and the high number of African Americans that experienced racism in health care led to increases in other African Americans pursuing careers in medicine.



Dr. Virginia Alexander (1899-1949): Dr. Alexander was a Black doctor and public health expert who focused on the negative impacts of racism and segregation in a healthcare system. Through her practice, she treated black patients free of charge and revealed the health disparities faced by Black Americans.



Dr. Elizabeth Blackwell (1821-1910): Dr. Blackwell was the first woman in the US to earn a medical degree. She spent her early education and career receiving criticism that women were not "strong enough to get into medical school or finish the courses." After being accepted into Geneva Medical College she fought for equal access to a complete education among her male peers. Blackwell teamed up with Dr. Marie Zakrzewska and her younger sister Dr. Emily Blackwell to create the New York Infirmary for Indigent Women and Children where they treated patients that could not afford treatment, as well as providing medical training for women.



Dr. Marie Equi (1872-1952): Dr. Equi was an activist and physician who had a major focus on treating poor patients in the working-class. Dr. Equi was the first and only female doctor to be a part of the Oregon Doctor Train. Additionally, she contributed to Margaret Sanger's family Limitations booklet and supported family planning, labor reform, women's suffrage, and fair wages.

INFLUENTIAL WOMEN IN PUBLIC HEALTH TODAY

By: Shelby Olin



Dr. Regina Benjamin: Dr. Benjamin is a physician who was the 18th surgeon general in the US from 2009-2013. She is a Xavier graduate and went on to pursue her medical degree from the University of Alabama. Dr. Benjamin founded the Bayou La Batre Rural health clinic after receiving her MBA from Tulane. At this clinic, she increased access to health care in rural Alabama, despite having to rebuild the clinic after Hurricane Georges and Hurricane Katrina. Throughout her career she was extremely active in different medical groups and associations. She was also the first African American woman to be elected to the AMA's board of Trustees under the age of 40. Further, she received the Nelson Mandela Award for Health and Human Rights in 1998 for her work of the board of Physicians for human rights.



Edna Adan Ismail: Ismail is the founder of the Edna Adan Hospital in Somalia. Throughout her career, she was the first woman in Somalia to obtain her nurse and midwife training. Additionally, she was selected by the World Health Organization as an educator to speak out about injustices in the health care system. She focused deeply on gender inequality and disparities, specifically female genital mutilation.



Dr. Kizzmekia Corbett: Dr. Corbett was a key scientist in the development of the COVID vaccine. Throughout the pandemic she was a firsthand creator of a safe vaccine that could be distributed globally. She collaborated with a team at the NIH that worked with Moderna and led the preclinical studies that provided information for the phase I clinical trial design. She also spent her time throughout the pandemic speaking to communities about the safety of the COVID vaccine and promoting the reduction of health disparities.



Carmen Barroso: Barroso spent her life fighting towards women's rights, specifically increasing access to health care in sexual and reproductive health. Her career consisted of her advocating for global policy changes aimed at equal rights in health care. She became the director of the MacArthur Foundation, as well as the director of the International Planned Parenthood Federation (western Hemisphere Region). In 2016, Barroso was awarded the United Nations Population Award for her work in women's reproductive health.



Tanzila Khan: Khan has spent her life advocating for rights of people with disabilities. She held a position on Y-Peer (a program supported by UNFPA) that provides information about sexual and reproductive health rights to younger populations. She is now a motivational speaker and a coordinator at the National forum of Women with Disabilities. She is continuing to empower young girls to fight for change and strive for equal rights.

PUBLIC HEALTH IN THE CITY:

Enjoying Springtime in New Orleans

By: Kaylee Giacomini

March 20th is the official first day of Spring! Although it hasn't been too cold in NOLA by my standards (I am from Delaware, after all) the city is waking back up after a Winter of below average wind chill and above average Entergy bills. Here are some of the best ways to enjoy the season in the city and ring in the nice weather before humid summertime takes over.

Take a Self Guided Tour of the Garden District

The Garden District is one of the most beautiful neighborhoods in New Orleans, and in the springtime it comes to life. Download a free walking tour map for any neighborhood [here](#) and take a moment to be a tourist in your own city.

Listen to Live Music at Bacchanal

Live music is slowly coming back to New Orleans, and there is no better way to support local musicians than watching them perform at a socially distant venue like Bacchanal. Every weekend, this popular wine garden hosts an array of live jazz in their large, open air courtyard. Grab a bottle of Chardonnay and a charcuterie board while you spend the afternoon here.

Stroll City Park

New Orleans is home to a handful of great parks, but City is a personal favorite. While here, check out the botanical garden, the NOMA, and the sculpture garden while enjoying the local flora and fauna.

Support a Local Fish Fry

Through the period of Lent plenty of places around the city offer up fish fries - a New Orleans tradition that not even COVID could stop. Each Friday various churches pack up fish fries to go, but plenty of restaurants have also gotten in on the action and tend to run discounts on their own fish fry-days.

Walk the Entire Stretch of Magazine

Magazine stretches for 6 miles from the Warehouse District all the way uptown. Choose a sunny afternoon and stroll the whole stretch, stopping at various boutique shops and cafes along the way. When you get to the end (or get tired) take the St. Charles streetcar back which picks up just 5 blocks away.

Day Trip to Jean Lafitte National Park

The national park is just 30 minutes south of the Tidewater building, so drive on down for a day and explore this treasure. Stroll the boardwalks over the Barataria Preserve, observe the Chalmette Battlefield, and see if you can spot a gator in the swamp.

Visit a Brewery

The city has become quite the brewery scene in the past few years. Most breweries in town also have spacious patios and courtyards where you can enjoy a flight of beer imported from the room over. Some that come highly rated for both their beer and outdoor seating include Parleaux Beer Lab, the Courtyard Brewery, and Port Orleans Brewing Co.

Try Some Water Sports at Bayou St. John

The Bayou is an excellent place to try your hand at kayaking or Stand Up Paddle-boarding. Find a local rental agency like Bayou Paddlesports and enjoy being on the water for a few hours.

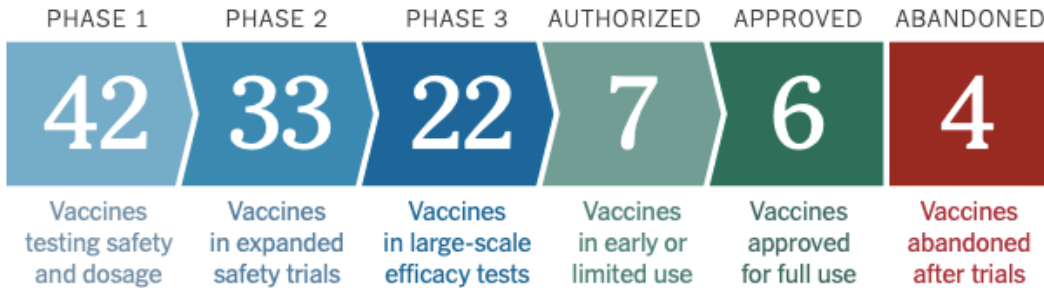
HPM Events

- 3/22: Lagniappe Day (No classes)
- 4/1: Hunches no Lunches: Josh Yukich on Fuzzy Matching with an example from Zambia
- 4/8: Lagniappe Day (No classes)
- 4/29: Hunches no Lunches: Yilu Lin on Prognostic Risk Score for Progression of Chronic Kidney Disease
- 4/30: Lagniappe Day (No classes)
- 5/3: Last day of classes

PROGRESS OF COVID VACCINE CAMPAIGNS

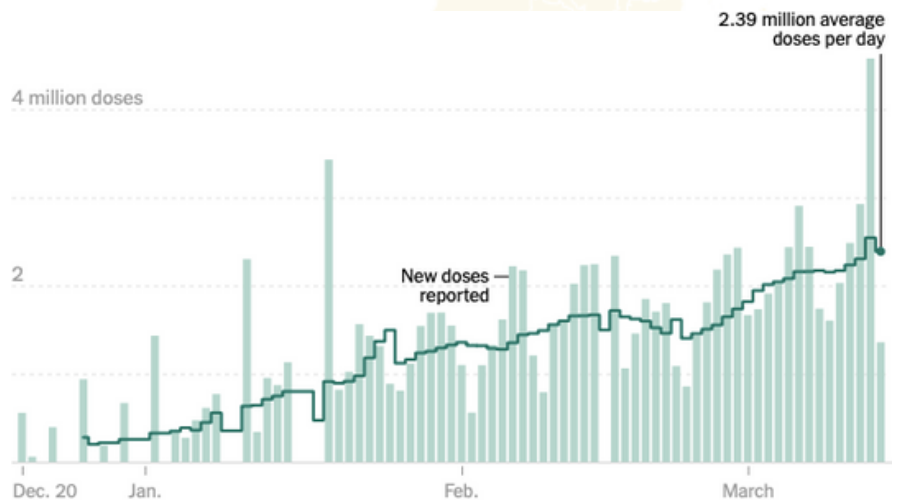
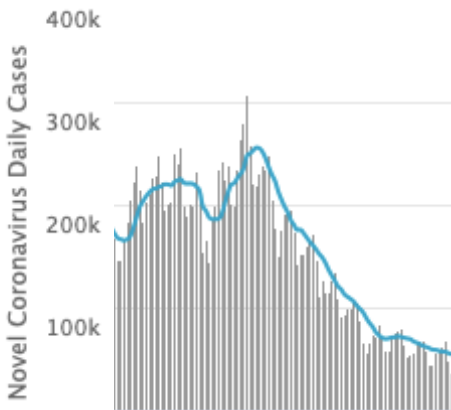
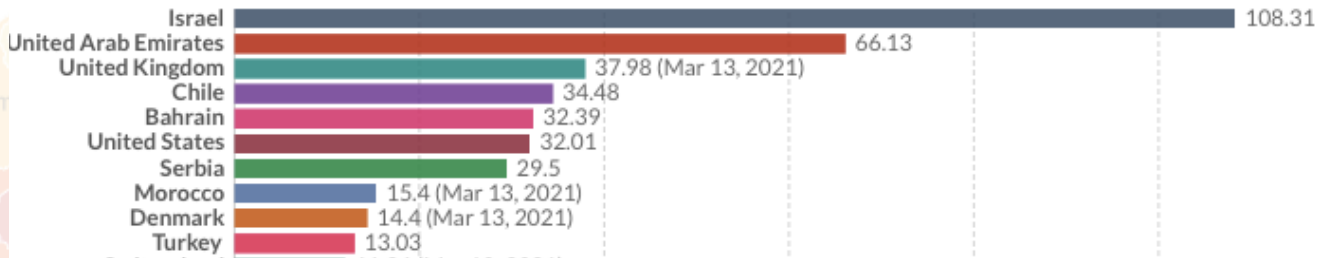
By: Kaylee Giacomini & Emma Bassin

Since the pandemic began about a year ago, the world has waited patiently for vaccine rollout to commence. Check out the graphics below to see how vaccine distribution campaigns are unrolling internationally, nationally, and in Louisiana, updated to the 16th of March. For more information and graphics, click on the source.



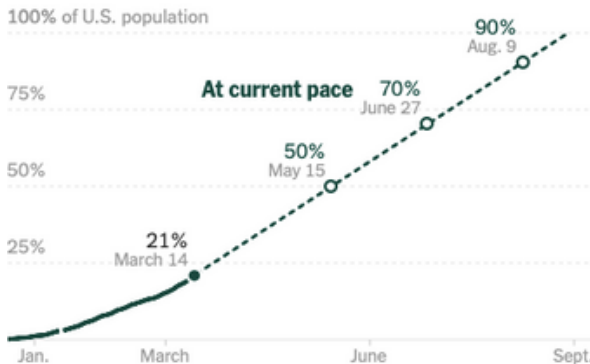
[NYT](#): Vaccine approval to date

[Our World in Data](#): vaccine doses administered per 100 people - top 10 nations in terms of vaccine rollout



[Worldometer](#): Daily US case count Nov. 20, 2020 - March 16, 2021

[NYT](#): New daily reported doses of COVID vaccines administered in USA



Doses given	Fully vaccinated	% of population fully vaccinated
1.48M	550K	11.83%
+118	+45	+0.00%

[Our World in Data](#): State of Louisiana vaccine rollout

Doses given	Fully vaccinated	% of population fully vaccinated
107M	37.5M	11.41%
+1.36M	+529K	+0.16%

[NYT](#): When we may reach herd immunity in the USA based on current vaccine rollout

[Our World in Data](#): United States vaccine rollout

Compiled By: Shelby Olin and Emma Bassin

PODCAST OF THE MONTH



"**Black Feminist Rants: Conversations on Reproductive Justice and Activism** is a podcast that centers the experiences of Black women and femmes navigating social justice spaces and the world. BFR will cover topics within the Reproductive Justice framework and beyond. Black Feminist Rants is created and hosted by LaKia Williams and supported by SisterSong."

"LaKia Williams is a young Reproductive Justice activist based in the South. She is an aspiring abortion provider and works part time for SisterSong: The National Women of Color Reproductive Justice Organization as their Digital Organizer."

*Information compiled from Apple Podcast App

WINNER OF THE NATIONAL BOOK CRITICS CIRCLE AWARD FOR NONFICTION

"Lia Lee was born in 1982 to a family of recent Hmong immigrants, and soon developed symptoms of epilepsy. By 1988 she was living at home but was brain dead after a tragic cycle of misunderstanding, over-medication, and culture clash: 'What the doctors viewed as clinical efficiency the Hmong viewed as frosty arrogance.' **The Spirit Catches You and You Fall Down** is a tragedy of Shakespearean dimensions, written with the deepest of human feeling. Sherwin Nuland said of the account, "There are no villains in Fadiman's tale, just as there are no heroes. People are presented as she saw them, in their humility and their frailty—and their nobility."

*Information compiled from Amazon

BOOK OF THE MONTH

The
**SPIRIT CATCHES YOU
AND YOU FALL DOWN**

*A Hmong Child, Her American Doctors,
and the Collision of Two Cultures*

ANNE FADIMAN



WITH A NEW
AFTERWORD BY
THE AUTHOR

**DO YOU HAVE A FAVORITE BOOK OR PODCAST
THAT YOU WANT US TO SHARE?**

**FILL OUT THIS GOOGLE FORM LINK:
[HTTPS://FORMS.GLE/8IBPNXPLTVWDF1ZN7](https://forms.gle/8IBPNXPLTVWDF1ZN7)**

YOUR CREATIVE OUTLET: WRITE FOR US & SHARE YOUR ARTWORK

SUBMIT YOUR ARTWORK

Want to write an opinion piece?
Need a space to share your poetry,
art, writing, or photography?
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hpm@tulane.edu

JOIN OUR WRITING TEAM

If you'd like to join us, we can make
that happen. Fill out this google form to
note your interest or email us at
hpm@tulane.edu. No editorial
experience required!
<https://forms.gle/VW2kxPV3RZeAVNbcA>

AGAIN... DESIGN OUR LOGO, WIN BIG!

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newsletter. Put your talents to the test and design a logo for "La Revue".
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all designs to hpm@tulane.edu by **April 1**

WHY WE WRITE FOR LA REVUE

KAYLEE

Writing will always be a passion of mine and having an outlet for it is absolutely amazing, especially one where I can talk about so many things like public health, policy, New Orleans, and more!

PETER

I write for La Revue because I love talking about public health issues with others. There is so much we can learn beyond the scope of our schoolwork and La Revue allows students to share with students.

EMMA

I love being able to explore topics in health policy and management outside of the classroom. Working on La Revue gives me the opportunity to network with other students and faculty who are similarly passionate about the public health work we do!

SHELBY

I like being able to collaborate with other students and faculty in the department. I also love being able to be part of the process and see how the newsletter comes together each month!

KAIYA

I enjoy expressing myself in a creative way while also collaborating with like minded individuals.. I especially enjoy working on the themes and layouts of the newsletter. It is also great to see my peers being highlighted as well as the faculty.

ELI

Opinion pieces are like creative writing. It's flexing a different writing muscle than classwork. Feels nice.

Your Student Editors

Drawn By:
Shelby Olin

Kaylee



Emma



Kaiya



Peter



Shelby



Eli

