

# Blood pressure: Know your numbers

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Dr. Jiang He is the Joseph S. Copes chair and professor in the Department of Epidemiology at the Tulane University School of Public Health and Tropical Medicine. He is an expert in the study of hypertension, diabetes, stroke, cardiovascular disease and chronic kidney disease and has conducted research in seven countries and published more than 400 research papers related to hypertension and cardiovascular diseases. The infographic below shows numbers related to Dr. He's latest findings in the effects of blood pressure on cardiovascular disease. **Editor's note:** This graphic appeared first in the Sept. 2017 issue of *Tulane* magazine.

