

Chelsea Singleton: ‘One to Watch’ in Community Nutrition Space

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Citing an outstanding career as being a primary benchmark for inclusion, the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) will be featuring [Tulane School of Public Health and Tropical Medicine](#)'s Dr. [Chelsea Singleton](#) in their upcoming annual conference as part of their “One to Watch” speaker series.

For Singleton, a nutritional epidemiologist and assistant professor in the [Department of Social, Behavioral, and Population Sciences](#), being recognized as an important voice on an important topic is a true honor.

“I’m excited to be one of six scholars giving a “One to Watch” presentation at the ISBNPA meeting this year,” Singleton said. “As a scientist, I aim to conduct impactful research that addresses health inequities and shifts paradigms in scholarship. Being

recognized for my work by ISBNPA is a true honor because their membership comprises outstanding leaders in nutrition and physical activity that I've admired since the start of my career."

The "One to Watch" scholars were nominated by leading scholars in the fields of nutrition and physical activity. Dr. Singleton was nominated by Dr. Amy Yaroch, Director of the Center for Nutrition & Health Impact. Dr. Yaroch will introduce Dr. Singleton ahead of her presentation.

The ISBNPA is the leading international research community in behavioral nutrition and physical activity, aiming to improve human and planetary health and well-being worldwide.

Singleton will present her discussion at the annual conference in Omaha, Neb. on May 21. Titled "The Nutritional Consequences of Community Violence in Historically Racialized Communities," the talk will center on current evidence of the problem and explore the connections between community violence and nutritional outcomes such as dietary behavior, food insecurity, and geographic access to healthy foods. Ultimately, Singleton suggests research on this topic needs to continue to expand.

The overarching goal of her research is to document and dismantle nutritional inequities affecting low-income populations and people of color in the U.S., while her recent work has primarily focused on describing the mechanisms by which structural racism and structural violence impede healthy eating in underserved communities.

In recent months, Singleton published "[Structural racism and geographic access to food retailers in the United States: A scoping review.](#)" The paper, published in Health & Place, aggregated previous research on food retail access disparities and identified a link with structural racism.

She followed that up with "[Exploring the Interconnectedness of Crime and Nutrition: Current Evidence and Recommendations to Advance Nutrition Equity Research,](#)" which appeared in the Journal of the Academy of Nutrition and Dietetics in March.

Find out more about the ISBNPA Annual Meeting here:

<https://annualmeeting.isbnpa.org/>