

Three of five finalist slots for major heart award go to Tulane

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Annually, the American Heart Association (AHA) recognizes and stimulates excellence in research by investigators in training with The Jeremiah and Rose [Stamler Research Award](#) for New Investigators.

As part of the award process, the field is narrowed down to five finalists. This year, Tulane had an incredible response when three participants were invited to provide finalist presentations. Xiang Li, Hao Ma, and Farah Allouch were all presenting finalists, with [Li taking home first-place honors](#).

“During my more than 30 years with AHA Epidemiology meetings, I never saw three out of five finalists from the same institute,” Dr. Jiang He, Joseph S. Copes Chair and

professor of epidemiology, said.

Li, a postdoctoral fellow in epidemiology, presented on the topic “Adherence to Life’s Essential 8, Genetic Susceptibility, and Incident Cardiovascular Disease: A Prospective Study of 137,794 UK Biobank Participants.”

Ma, a biostatistical analyst at the Tulane University Obesity Research Center, gave a presentation on “Life’s Essential 8 and Life Expectancy Among Adults in the United States.”

Allouch, an epidemiology PhD student, presented “A Novel Two-Question Antihypertensive Medication Adherence Scale Predicts Blood Pressure Control and Cardiovascular Disease Outcomes.”

The Jeremiah and Rose Stamler Research Award for New Investigators is named for the Stamlers in appreciation of their seminal contributions to cardiovascular disease epidemiology. The students were awarded during the Epi Lifestyle 2023 Scientific Sessions in Boston.

- **Watch: [2023 Stamler Award Winner Xiang Li, MD, PhD](#)**