

SPHTM student supports Project Power health education program

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Kaitlin Gibson

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This past year, Kylie Shadle (BSPH 2017), a GCHB student, applied her public health education and acquired new skills in program planning and management through a Tulane PRC practicum internship with the American Diabetes Association's (ADA) Project Power, a program dedicated to educating youth at risk for type 2 diabetes.

[Project Power](#) is a health education camp held in New Orleans and Baton Rouge that works to reach children and their families who have multiple risk factors for developing type 2 diabetes. The week long camp hosts a number of events and activities that teach the importance of a healthy lifestyle and the skills needed to reduce the risk of type 2 diabetes.

As part of her practicum internship, Kylie was able to gain experience in the entire process of program management. Through the internship, she supported curriculum development, trained and managed staff, assisted recruitment, and aided with logistics and program evaluation. "It was exciting to have a fresh mind, like Kylie, who is not only passionate about public health, but also very knowable in the theoretical methods it takes to plan and implement a community program," said Kasey Davis, ADA Associate Director of Community Health Strategies. "It was great to see her [Kylie] jump in and show her leadership."

The ADA Project Power internship was facilitated by the Tulane Prevention Research Center's [Health Promotion Practicum Program](#), that matches exceptional Tulane graduate and undergraduate students to select host organizations for 300-hour practicum internships.

"I would 100% recommend Tulane's PRC Practicum program to another organization," stated Davis. "As an alumna of not only Tulane SPHTM, but also the

PRC's Practicum Program, the PRC does a great job of finding and matching more than qualified students who are excited to get out in the community and put all they are learning from the classroom to practice."

The Tulane PRC is currently advertising a practicum internship to the Tulane student body. For more information or to apply, click [here](#).